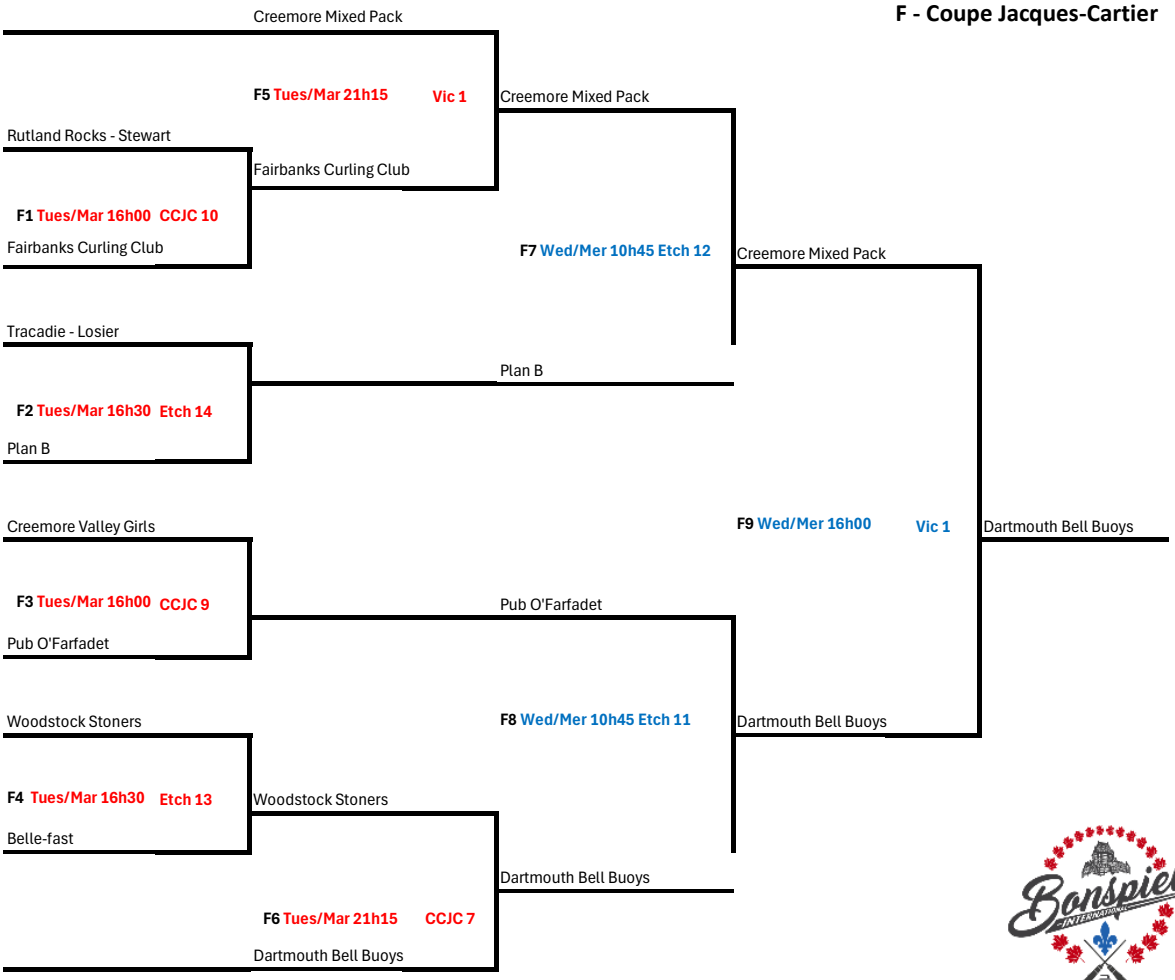F - Coupe Jacques-Cartier